

Reach got off to another great start today. Lectures started earlier this morning with Humanities students learning about a charitable program that Reach has been working with for the past six years, SABRE. Following on from last night's talk about "Forgotten People" the students have been looking at the way that SABRE work to improve education for young children in Ghana. For the past decade SABRE has been building sustainable schools and training local people to be stimulating and progressive teachers. As part of this session, the Reach Cambridge students split into teams to develop concepts for a SABRE campaign video aiming to spread the word and support the charity. The groups then chose the most practical and inspirational campaign concept to get together and be creative as a whole class. Everyone got stuck in and helped each other to make a great video!

Sustainable power was the topic of a heated debate for the scientists this morning. They learnt about the mechanics of supplying power, such as that of nuclear power stations and renewable energy resources like wind turbines. After learning how different nations supply power to the grid, they were able to discuss the advantages and disadvantages of these controversial technologies. This knowledge fueled the great discussions that allowed the students to express their opinion on this very current topic. They continued to look at how media affects public perception, for instance some methods of sourcing energy have been put under the spotlight by the press, and explored whether the media is always a reliable way to judge these topics. This then inspired a thirst for further knowledge, as the students learnt about the up and coming technologies like nuclear fusion.

After exploring Cambridge's great food opportunities in the city for lunch, Reach had a fun-filled afternoon of sport and a public speaking workshop. With an array of sports on offer, basketball, tennis, footy and volleyball were a great opportunity for everyone to get to know each other and appreciate the glorious weather, whilst others were enjoying Tom's interactive public speaking workshop. Everyone was engaged with his techniques to capture an audience through different postures and verbal tongue twister exercises. The students came away confident and eager to put their experience to practice during the evening's lecture.

What a sight it was to see everybody get so passionately involved in this evening's lecture and workshop, looking at the refugee crisis and learning the etiquette and structure of a formal debate. An eventful day was topped off with games and art sessions, relaxing activities in preparation for the excursion to London tomorrow.

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